

## Additional Paper 3 Part A Worksheet (Unit 2)

### Tapescript

#### Track 1

**Announcer:** Situation.

Cathy and Annie are planning to go hiking in Sai Kung with the Hiking Club on Sunday. They are now packing their backpacks.

You will have a total of two tasks to do. Follow the instructions in the Question-Answer Book and in the recording to complete the tasks. You will find all the information you need in the Question-Answer Book and the recording. You now have one minute to familiarize yourself with Tasks 1–2.

*(60 seconds of Greensleeves)*

*(Tone)*

#### Track 2

**Announcer:** Cathy and Annie are looking at a suggested checklist on the Hiking Club's website and are discussing what to bring. Listen to their conversation and fill in the missing information in the spaces provided. Indicate with a tick what they are bringing. One has been done for you as an example.

You now have 30 seconds to study the task. At the end of the task, you will have one minute to tidy up your answers.

*(30 seconds of Greensleeves)*

*(Tone)*

**Cathy:** Hey this is Cathy. Is that Annie?

**Annie:** Hi Cathy! I am packing things for the hike tomorrow. I don't know if I've missed anything.

**Cathy:** I'm not sure either. That's why I'm calling. Let's see what we've packed so far. This way we can remind each other what to bring and what not to bring. So I've got ...

**Annie:** Hold on a second, Cathy. Have you told your family you're going hiking tomorrow? I have but I just thought it might even be better to leave a note in case they can't reach me. Have you got Mr Thistle's contact? Thistle, is that spelt T – I – S – T – L – E?

**Cathy:** I have already told them and Annie, it's Thistle not Tistle. There's an H after the first T.

**Annie:** Oh ... Let me quickly jot that down. T – H – I – S – T – L – E.

**Cathy:** And his number is 4288 4758.

**Annie:** OK, so tomorrow is the twentieth of March. What time are we meeting up? 7.15 or 7.30?

**Cathy:** We're meeting at 7.15 at the Sai Kung Bus Terminal. 7.30 would be too late and Sai Kung Bus Terminal is where our coach is picking us up.

- Annie:** Cool, so 7.15 at the Sai Kung Bus Terminal. By the way, Sai Kung is spelt S – A – I one word and K – U – N – G another word, right?
- Cathy:** Yes, that's correct.
- Annie:** I need to tell Mum what time I'll be back for dinner. Do we know what time it finishes?
- Cathy:** Mr Thistle thinks we can finish the hike by 6pm.
- Annie:** Excellent. So on to the checklist. It says a backpack. Can I bring a shoulder bag instead?
- Cathy:** No, it isn't big enough for everything we need. Bring a proper backpack. It'll be much better.
- Annie:** OK, a proper backpack then. Next thing, sunscreen. Should I bring mine?
- Cathy:** Well, I've got plenty. We can share it if you want.
- Annie:** Thanks, Cathy. I won't bring any sunscreen then. How about sunglasses?
- Cathy:** Do bring a pair because it'll be sunny tomorrow. I'm not bringing mine because my glasses turn dark when they're exposed to UV light.
- Annie:** How much water do we have to bring? On the list, it just says water.
- Cathy:** From what I've heard, three litres is how much one person needs for a day trip. I can lend you my sunscreen but I definitely won't carry any water for you!
- Annie:** (*laughs*) Of course not! Your backpack would be too heavy. Map and compass? Can I just use the ones on my phone?
- Cathy:** Yes, they work pretty well. I will bring my good old paper map and compass because I much prefer having these things to hand. You know, they come in *handy* at times.
- Annie:** (*ironically*) Haha, very funny, Cathy. Right, so you're bringing your map and compass. What about food?
- Cathy:** We won't have a proper sit-down meal, so some energy bars will do fine. They don't sound glamorous but some of them can be quite tasty.
- Annie:** Then I must buy some later. I suppose we need to bring a first-aid kit in case any of us get injured?
- Cathy:** Well, actually, Mr Thistle says he is going to bring his and so will the group leaders. I don't think we have to worry about that.
- Annie:** Head torch and matches? Do we need them?
- Cathy:** Oh, Annie. We aren't going on a camping trip and no one uses matches now — lighters are what we use. But don't worry about these two for tomorrow. We'll be done before sunset. We don't need a torch.
- Annie:** Thanks, Cathy! What would I do without you? Right, let me quickly go to the supermarket and buy some energy bars for tomorrow. See you tomorrow!
- Cathy:** Bye, Annie!
- Announcer:** That is the end of Task 1. You now have one minute to tidy up your answers.

(60 seconds of Greensleeves)

(Tone)

### Track 3

**Announcer:** Annie is not sure which hiking route they are taking. Listen to her conversation with Cathy and complete the diagram and note sheet. One has been done for you as an example.

You now have 30 seconds to study the task. At the end of the task, you will have two minutes to tidy up your answers.

*(30 seconds of Greensleeves)*

*(Tone)*

**Annie:** *(knocks on the door)*

**Cathy:** *(opens the door)* Hey Annie! Come on in. *(shuts the door)* How come you're here?

**Annie:** Well, I've just bought these energy bars from the supermarket. I've got a few extra so I thought you might want some too.

**Cathy:** You could have given them to me tomorrow, Annie.

**Annie:** No worries. Actually, I've come to ask you about the route. You know, I've never been on a hiking trip before and I'd love to know what route we're taking. Can you show me on a map?

**Cathy:** Sure. What may be more useful is I play you the voice note of the briefing session. I made that recording in case I missed any details.

**Annie:** That's really clever of you!

**Cathy:** Grab a pen and paper and write down some notes if you want. *(pressing keys on her phone)* Here we go.

**Mr Thistle:** Good afternoon guys! I'll quickly go through some of the details of our hiking trip this Sunday. You already know when and where to meet. You can find on our website what to bring. I'll now talk about the route we're taking.

I've given you a handout with a sketch of the area where we're going. We aim to finish stages 1 and 2 of the MacLehose Trail. I've made a small mistake on the handout.

Where it says 'Wilson Trail' should really be 'MacLehose Trail', cross out 'Wilson' and write 'MacLehose' above it. It's spelt capital M – A – C – capital L – E – H – O – S – E.

We'll start from Pak Tam Chung and will go along Sai Kung Man Yee Road until we get to the East dam. Please draw an arrow along that road towards the dam on your handout. When we reach the East dam, we will stop for a short break. From there, we'll also get a pretty amazing view of the reservoir. Please draw a star next to the dam to indicate this. Then we'll continue our hike to Sai Wan, where we'll stop for lunch. Draw an arrow to show that route and put a triangle next to Sai Wan to indicate that we'll stop for lunch there.

Next we'll carry on hiking to Chek Keng, a village that has a small chapel and a youth hostel. There are two routes to Chek Keng, passing either Ham Tin or Sheung Luk Stream. Going via Sheung Luk Stream is a shorter way than going via Ham Tin.

- Sam:** Sir, so are we going via Sheung Luk Stream then?
- Mr Thistle:** Good question, Sam. Much to your disappointment, we are taking the longer route.
- Sam:** Why, Mr Thistle? It looks a lot longer than the other route.
- Mr Thistle:** That's right, but it's not as steep. So, please indicate that on your handout: Sai Wan to Ham Tin and Ham Tin to Chek Keng.
- It's just a nice and easy walk to Pak Tam Au, where we can take public transport back to Sai Kung. Can you please draw a circle there to indicate the end of the route?
- Now that we're done with the route, I'd like to remind you of a few things. The first thing is footwear. Thick hiking socks are a must. The reason I ask you to choose thick hiking socks is that they absorb shock. This makes it easier to walk. Apart from absorbing shock, they help prevent blisters. Those of you who've had blisters before know how painful it is to walk with blisters.
- Ideally, you should wear shoes or boots that have a good grip on the ground because they prevent injuries. Without good shoes, you're more likely to get injured.
- For those of you who don't mind spending a little more on footwear, hiking boots are also great because they give much more support to the ankle than other shoes do. Heard about sprained or twisted ankle? You can avoid that with a good pair of hiking boots.
- Cathy:** Sir, what about trekking poles? Some of my Dad's friends use them but I don't know if they are really that useful.
- Mr Thistle:** Depending on the type of terrain, you may or may not need them. You'll find them useful when you climb steep hills. They will make it just a little easier to go uphill, particularly when it's a steep climb.
- When we go downhill, relying on those poles for support helps protect our knees. Knees receive a lot of pressure when we go downhill and using trekking poles can help absorb some of it.
- Sam:** Mr Thistle, I've seen people using one pole instead of two. Does that make any difference?
- Mr Thistle:** Yes, it does. If you can, always use two poles instead of one. This will support both sides of your body.
- Now for hiking etiquette. You may think it isn't important because it has nothing to do with safety, but I have to say how enjoyable your hike is depends on whether you and your fellow hikers follow these rules. Can anyone give me an example?
- Cathy:** Do not litter because it damages the environment.
- Mr Thistle:** Good point. Don't leave any rubbish behind because it damages the environment. It's everyone's responsibility to keep our country parks clean and free of rubbish. Another thing is phone conversations. I know you're all popular people but keep your phone conversations short because we go to the countryside for some peace and quiet that we don't normally get in our daily life. While you may have to take a call, other people still

have the right to enjoy the peacefulness of the countryside. One last thing is not to take away anything, like rocks or plants. Leave them where they are because they belong to the natural environment. Take nothing but photos and memories home. Does anyone have any questions?

**Cathy:** Have you got all the information you need, Annie?

**Annie:** Yes, I have. Thanks, Cathy!

**Cathy:** You're welcome. You probably should go home now. Get an early night's sleep and I'll see you tomorrow.

**Annie:** That's right. See you, Cathy!

**Announcer:** That is the end of Task 2. You now have two minutes to complete your answers to Task 2 and to tidy up all your other answers.

*(2 minutes of Greensleeves)*

*(Tone)*