

Comprehensive teaching support



Unit-specific reading comprehension exercises

New for
2016

Reading comprehension exercises based on reading texts in the unit are provided so that students can have more practice on their reading skills.

Reading comprehension

Read page 2 of the unit booklet and answer the following questions.

1. According to the World Health Organization, what is health?

2. Based on information given in the text 'Does the use of smartphones affect our health?', decide if the following statements are **True**, **False**, or the information is **Not Given**. Blacken ONE circle only for each statement.

- | | T | F | NG |
|---|-----------------------|-----------------------|-----------------------|
| i) Our social network helps relieve stress. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| ii) The text is about the pros and cons of smartphones. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| iii) People of the bowed-head tribe are not aware of how their habits affect their physical health. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| iv) A person reading a book while walking belongs to the 'bowed-head tribe'. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

3. Why do members of the 'bowed-head tribe' bow their heads?

4. Complete the following sentence.

Repetitive strain injury may result if we tap our phone _____

5. Put in order the effects of blue light. Number the events (1-4). The first event has been done for you.

- | | |
|-----------------------------------|---------|
| Circadian rhythm is disrupted. | _____ |
| Our brain received blue light. | _____ 1 |
| We cannot sleep at night. | _____ |
| Our body believes it is day time. | _____ |

Athens Exam Skills for Papers 1 & 2 (Book 2)

Consolidation exercises

Unit 8

Being healthy

Reading comprehension

Read page 3 of the unit booklet and answer the following questions.

1. What does 'this priceless medicine' (line 2, paragraph 1) refer to?

2. Which word in paragraph 1 is similar in meaning to 'something that counteracts an unpleasant feeling'?

- | | | | | |
|-------------|-----------------------|-----------------------|-----------------------|-----------------------|
| A. antidote | | | | |
| B. burdens | | | | |
| C. medicine | A | B | C | D |
| D. lightens | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

3. What does the writer mean to say that laughter helps people recharge?

4. Give three examples of 'distressing emotions' mentioned in paragraph 3.

5. Based on information given in the text 'Laughter — the magic cure for life', decide if the following statements are **True**, **False**, or the information is **Not Given**. Blacken ONE circle only for each statement.

- | | T | F | NG |
|---|-----------------------|-----------------------|-----------------------|
| i) The good feelings that come with laughter stay with us physically and mentally even after the actual laughter. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| ii) Even a simple smile gives us hope in times of sadness. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| iii) The positive effects of watching stand-up comedy are the same effects as sharing jokes with friends. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

6. Complete the summary of paragraphs 4 and 5 by writing ONE word to fill in each blank. You should make sure your answers are grammatically correct, paying attention to tenses, plurals, etc.

Humour and jokes help make our relationship with other people (i) _____ because it (ii) _____ positive feelings and (iii) _____ emotional connection. The ability to laugh allows us to (iv) _____ life more and bond with others. There is no reason to be (v) _____ and give people the long face!



Exercises for vocabulary application

New for
2016

Progressive contextualized exercises on vocabulary covered in selected reading texts in the unit are provided to allow students to use the vocabulary in different contexts.

Vocabulary consolidation

Use the highlighted words and phrases on page 2 of the unit booklet to complete the following sentences. Check that the words in the blanks are grammatically correct.

1. Exercising regularly improves our immune system, which in

2. A lot of people believe that our _____ is more important than our ability. Somebody who is less able but eager to learn is more popular than somebody who is able but proud.

3. I understand how (a) _____ you must feel when you are given so much work to finish in so short a short time. To get out of this (b) _____ situation, you must first stay calm and focus on one task at a time.

4. Your poor _____ is the main reason why you have constant back pain. Practising yoga helps improve how you carry yourself and will lessen your pain.

5. We often joke about having a 'sweet tooth', but research has shown that it is possible to get (a) _____ to sugar. Being a 'sugar (b) _____' can have (c) _____ health effects. The health problems caused by having (d) _____ sugar in our body affect us not only (e) _____ (e.g. becoming obese), but also (f) _____ (e.g. developing poor self-image because of poor physical health), and (g) _____ (e.g. unwilling to make new friends because of poor self-image). It is therefore crucial that we eat healthily to stay (h) _____ and maintain a (i) _____ outlook of life.

Athens Exam Skills for Papers 1 & 2 (Book 2)

Consolidation exercises

Unit 8

Being healthy

Vocabulary consolidation

Use the highlighted words and phrases on page 3 of the unit booklet to complete the following sentences. Check that the words in the blanks are grammatically correct.

1. The need to support his big family is a heavy _____ for this young graduate.

2. You look really tired. Why don't you take a holiday to _____? I am sure you will have plenty of innovative ideas and will be able to accomplish more when you come back.

3. He is such an _____ person. Nothing seems to be able to stop him from seeing the bright side of things.

4. The airbag in a car can act as a (a) _____ between the driver and the steering wheel and protect the driver if something bad happens. When a car crashes, an electronic chip in the car (b) _____ the airbag circuit which then leads the airbag to inflate.

5. Whenever I feel (a) _____ because of too much work, or (b) _____ about a coming test, I will go online and read some (c) _____ quotes. These quotes clear any negative thoughts I have help me stay (d) _____. They also help (e) _____ my stress and anxiety, and help me stay focused. They can always help me keep a positive and optimistic (f) _____, especially during difficult times.

Exercises for vocabulary application (Individual Response)

New for **2016**

Fill-in-the-blank exercises in the format of Individual Response in Paper 4 to facilitate the learning and using of newly learnt vocabulary in the unit.

Speaking practice

Use the highlighted words and phrases on page 2 of the unit booklet to complete the following conversation. You may need more than one word in some blanks. Check that the words in the blanks are grammatically correct.

1. In your opinion, is being addicted to smartphones a serious problem?

I think so. On public transport and in the street, we often see people (a) _____

their heads all the time, looking at their screens. This poor (b) _____ can lead to (c) _____ to their neck and shoulders, which may require medical attention. Members of the (d) _____ may also be more prone to having accidents, such as missing the step on the curb of the pavement or even bumping into lamp posts. Being addicted also suggests that people are more likely to get anxious if they do not have their phones. It has serious adverse (e) _____ and (f) _____ health effects on us.

2. If you could only have one, would you rather have a smartphone or a tablet?

I would rather have a smartphone because it is easy to carry and it allows me to stay in touch with my friends. I think being (a) _____ active is important because we get to know ourselves better by being with other people. It is also easier to maintain a positive (b) _____ to life when we can share our ups and downs with our friends. Although constantly texting to our friends may create (c) _____ to our fingers and lead to problems such as (d) _____, I think it is okay as long as we can exercise self-discipline and monitor our use.

3. How would you suggest people do to avoid the adverse health effects brought about by the excessive use of smartphones?

4. Do you think you are a member of the 'bowled-head tribe'?

5. Which is affected by smartphone addiction the most, physical, mental or social well-being?

Athens Exam Skills for Papers 1 & 2 (Book 2)

Consolidation exercises

Unit 8

Being healthy

Speaking practice

Use the highlighted words and phrases on page 3 of the unit booklet to complete the following conversation. You may need more than one word in some blanks. Check that the words in the blanks are grammatically correct.

1. If you had a box to put your memories, what would you put in?

I would put the memory of my first day in Secondary 1 in it. I remember I was very (a) _____ because I had to go to a new school. Luckily, my class teacher, Mr Chan, was a very friendly person. His jokes quickly melted the ice and (b) _____ between us. This bond on the first day of school acted as a very strong (c) _____ against the stress, disagreement and disappointment that I had to face in the years to come. So I think I will put that memory in the box.

2. Do you have a special item that reminds you of a happy time?

Yes, I am still keeping a teddy bear my grandmother gave me before she moved to Canada. My grandmother is a very (a) _____ person and she is always able to see the bright side of things. I have learnt a lot of things from her, including keeping a (b) _____ even when we are in difficult situations. Thinking about the teddy bear always helps to (c) _____ my burden and (d) _____ my hopes no matter how distressed I am. I am really glad that my grandma has left me this strong (e) _____ to stress before she moved away.

3. What is the best memory of your childhood?

4. What would you do when you are stressed?

5. Do you think laughter shortens the distance between people?

Speaking Exam Practice Handbook (Group Interaction)

Skill 1: Starting a discussion

I. Starting a discussion

You may want to start the discussion by being the first to speak. You should be polite and start with a simple greeting. It is essential because the earlier you start speaking, the easier it is for you to join the discussion later. The following expressions will help you start a discussion.

(i) Basic expressions

- All right, let's begin / start.
- Let's start our discussion.
- Shall we start?
- May I start first?

(ii) Advanced expressions

- If we are ready, let's start the discussion.
- Good afternoon. Are we ready to start our discussion?
- Hello, everybody. Let's begin our discussion.
- Hello. Nice to meet you all. Shall we get started with our discussion?

Examples ('E' stands for Examiner):

1. E: You have eight minutes for your discussion. You may start now.

A: **All right, let's begin.**

Basic expression

2. E: You have eight minutes for your discussion. You may start now.

A: **Let's start our discussion.**

3. E: You have eight minutes for your discussion. You may start now.

A: **Good afternoon. Are we ready to start our discussion?**

4. E: You have eight minutes for your discussion. You may start now.

A: **Hello. Nice to meet you all. Shall we get started with our discussion?**

Advanced expression

Skill 3: Making and explaining choices

I. Making choices

In both Part A (Group Interaction) and Part B (Individual Response) of the exam, you may need to make choices and explain your choice. The following expressions will help you express the choices you make.

(i) Basic expressions

- I prefer ...
- I suggest ...
- I would choose ...
- How about / What about ...?
- I'd like to ...

(ii) Advanced expressions

- I'm in favour of ...
- It is better to ...
- It'd be a good idea ...
- I would like to highlight ...
- I think ... is a better choice.

Examples:

1. A: Which word shall we choose as our word of the year, 'selfie' or 'phablet'?

B: **I prefer 'selfie'** because nowadays millions of people around the world are using this word and enjoying taking photos of themselves.

2. A: I am interested in both the English Drama course and the Modern Poetry course. Which one do you think I should choose?

B: **I suggest** you choose the English Drama course. It is far more interesting than the Modern Poetry course.

Basic expression



Weekly News Archive *Unique*

Reading comprehension exercises on current issues uploaded on our website every week.

Weekly News Archive

Name: _____ () Date: _____

B2 level
No. of Words: 890

Zika epidemic and its association with microcephaly

25 February 2016

[1] On 23 February 2016, the Centre for Health Protection was informed of two additional imported cases of Zika virus infection in the Mainland. The two involved a father and his son, who returned to the Mainland from Fiji and Samoa via Hong Kong on 14 February.

[2] For weeks, people around the world have been bombarded with news on the exotic-sounding Zika virus and stark photos of babies born with abnormally small heads. These images, accompanied by stories on the ongoing outbreak of the mosquito-borne disease across more than 20 countries, have generated responses ranging from travel warnings to the World Health Organization's declaration of a 'public health emergency of international concern'.

[3] Transmitted mainly through the bite of an infected *Aedes aegypti* mosquito, the Zika virus is currently found in some Central and South American countries, as well as a handful of Pacific island nations. Of all these countries, Brazil has been the most affected because it is where the majority of cases of microcephaly — a birth defect in which the infant's head is unusually smaller than average and the brain may not have developed properly — have been reported. Since the outbreak of Zika in October 2015, there have been 5,640 reported cases of microcephaly, of which 4,107 could be regarded as suspected cases.

[4] It all started with health experts in Brazil noticing an unusual number of babies born with misshapen skulls in September 2015. It was then discovered that in 26 of the first 35 cases registered, the mother had developed an illness with symptoms suggestive of a Zika infection during her pregnancy. Considering that in 2014, only about 150 cases of microcephaly were reported in Brazil, where on average about three million babies are born in a year, it is not entirely implausible that the Zika virus is related to the birth defect.

Weekly News Archive

Name: _____ () Date: _____

B1 level
No. of Words: 798

Tsai Ing-wen elected Taiwan's first female president

20 January 2016

[1] In Taiwan's presidential election on 16 January, the 56-year-old opposition candidate Tsai Ing-wen won a landslide victory, securing 56.2% of the voters against the 30.9% by Eric Chu, who stood for the nationalist Kaomintang (KMT). Her election not only suggests a new age for the pro-independence Democratic Progressive Party (DPP), but also a new era for the island's relationship with mainland China.

[2] Tsai's victory in the presidential race also ended the eight-year rule of the pro-China KMT government. The change in leadership also marks the rise of the DPP as a strong competitor to the once-dominant KMT, with the DPP taking 68 seats and the nationalist party taking 35 in the parliament.

[3] Known for her unassuming manner, Tsai is seen as an unusual politician, particularly on an island renowned for the unrestrained, dramatic behaviour in the parliament and occasional strong disagreement with the Chinese government. Those who are close to Tsai, the softly spoken scholar, describe her as someone who prefers examining policy details at home in the company of her two cats to going to campaign rallies.

[4] Even so, it does not mean she lacks political conviction. 'Only Taiwanese can determine the nation's future,' said Tsai in an election campaign. In a speech as the president-elect, Tsai reiterated, in front of her supporters, her determination to defend Taiwan's democratic way of life.



Audio tracks for Papers 1 & 2

Audio recordings of the following are available on our website for better teaching and learning purposes:

- Introductory passages on pages 2–3 of each unit
- Passages for Parts A, B1 and B2 in the Exam practice of each unit
- Glossary

Audio Recordings

Unit 1: Getting along with others

Accepting differences in society

Getting along with strangers

Friendship and dating ▶ MP3

Resolving conflicts ▶ MP3

Audio Recordings

Unit 1: Getting along with others

Track 1 (fast)

Track 1 (normal)

Track 1 (slow)

Track 2 (fast)



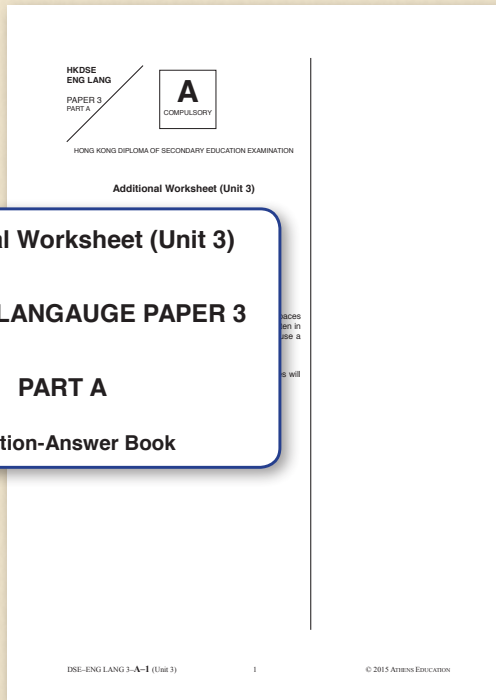
Audio tracks for Paper 3

Audio recordings of all activities and tasks in the Exam practice are available on our website. Each track comes in three different speeds: slow, normal and fast to cater for learner diversity.



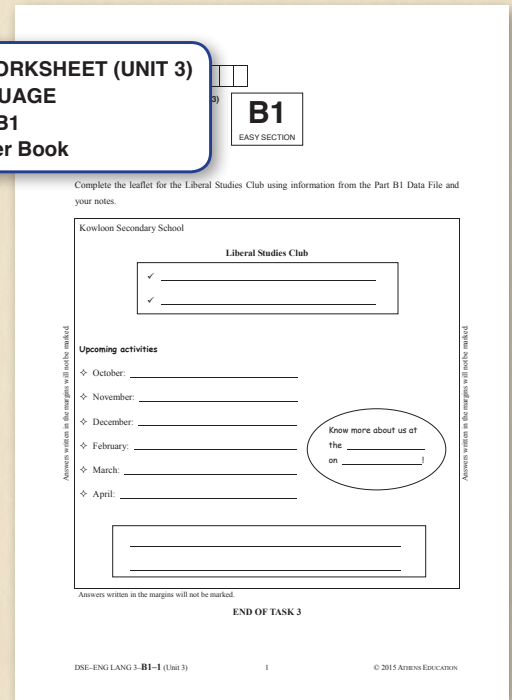
Additional exercises for Paper 3

Mini exercises on Part A and Part B of Paper 3 are available on our website.



Additional Worksheet (Unit 3)
ENGLISH LANGUAGE PAPER 3
PART A
Question-Answer Book

ADDITIONAL WORKSHEET (UNIT 3)
ENGLISH LANGUAGE
PAPER 3 PART B1
Question-Answer Book



Complete the leaflet for the Liberal Studies Club using information from the Part B1 Data File and your notes.

Kowloon Secondary School

Liberal Studies Club

✓ _____
✓ _____

Upcoming activities

- October: _____
- November: _____
- December: _____
- February: _____
- March: _____
- April: _____

Know more about us at the _____ on _____

Answers written in the margins will not be marked.

END OF TASK 3

DSE-ENG LANG 1-B1-1 (Unit 3) © 2015 ATHENS EDUCATION



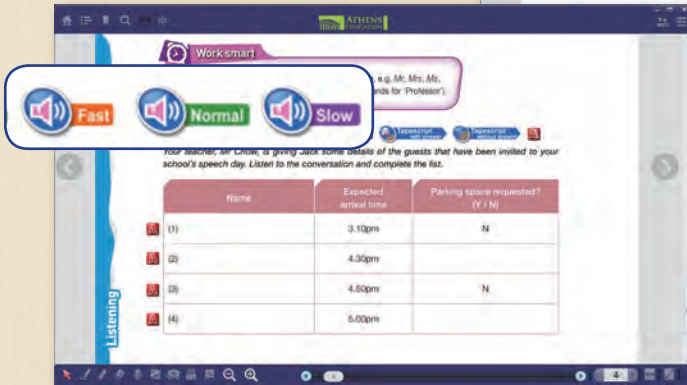
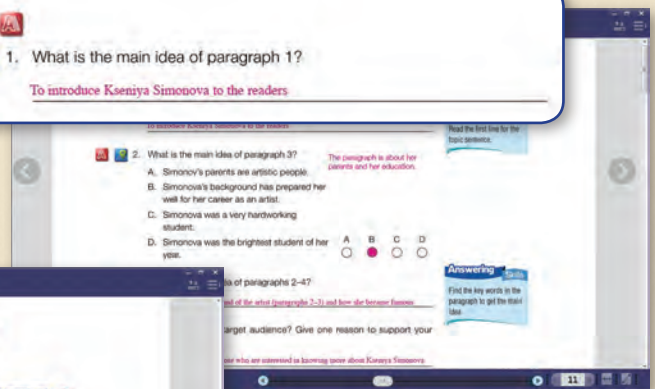
e-Book

Digital version of each unit is available to facilitate answer-checking in the classroom.



What

1. What is the main idea of paragraph 1?
To introduce Kseniya Simonova to the readers



Fast Normal Slow

Name	Expected arrival time	Parking space requested? (Y/N)
(1)	3.10pm	N
(2)	4.30pm	
(3)	4.50pm	N
(4)	5.00pm	



Language & Skills Enhancement PowerPoint

Exam skills and language items essential for reading, writing and listening are included to facilitate teaching and learning.

Behaviour

- enjoy each other's company
- have a good time together
- offer a helping hand
- put up with others
- strike up a conversation

Listening for dates

In a listening task, you may need to fill in dates.

Dates may be written in different formats. There are two main styles of formatting dates:

British format

- 9th November, 2004
- 23 May 2012
- 28/2/1995

American format

- November 9, 2004
- May 23, 2012
- 2/28/1995

2. Skimming and scanning

- Skimming**
It means reading quickly to get a general idea of what the passage is about.

Step 1: Read the heading and photo captions (if any).

Step 2: Read the topic sentences in each paragraph. The topic sentence is usually the first sentence of a paragraph (gives an overview of the paragraph) or the last sentence (gives a summary of the paragraph).

Skimming and scanning

Example

Example text: We are surrounded by... The site tells what kind of information it is... The heading suggests... These key words tell us the general content... The picture suggests a time of repetition...



Mock exam papers

Additional mock exam papers will be sent to the school each year for assessment purposes. Each paper aims to assess skills learnt in the textbook, with questions following the latest HKDSE Exam style.

63. Complete this summary of paragraphs 5 and 6 below. Write the correct word in the space provided.

adverse	without
poor	positively

If the lead in children's blood is (i) _____ the safety range set by the Department of Health, their health may be (ii) _____ affected. For example, their performance in IQ tests may be (iii) _____.

64. Based on paragraphs 6 and 7, decide whether the following statements are **True**, **False** or the information is **Not Given**. Blacken ONE circle only for each statement. (3 marks)

	T	F	NG
i) Healthy adults are not affected by having excess lead in the body.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ii) In general, 2-3% of the population in a country has excess lead in their blood.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
iii) Dr Ko Wing-man believes that the low intelligence in some Hong Kong children is caused by lead in their drinking water.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

1. A recent article in a local newspaper suggested the abolition of the DSE Exam less stressed. Write to the editor of a local newspaper expressing your views on the following points:

- why students are stressed; and
- whether or not continual assessments will solve the problem.

Some parts of the letter have been given to you.

Dear Editor,

Answer space for writing your response.

Task 3 (20 marks)

Andrew is now talking to three students about what types of new clubs they would like to see. For Part A, listen to their discussion and fill in the missing information in the spaces in the table below. In Part B, you have to indicate which club you think all three students would like the school to create and provide reasons. You now have 30 seconds to study the task. At the end of the task, you will have one minute to tidy up your answers.

Task 3: Part A

Type of school club	Name	✓ Yes ✗ No ? Maybe	Reasons
Academic societies	Ben	✗	They would appeal to (27) _____.
	Lara	(28) _____	Students would (29) _____.
	Jane	✓	Some of the (30) _____ would enjoy extra academic work.

Streamline your lesson preparation with ATHENS Exam Skills

Athens Exam Skills is published to facilitate the teaching of reading, writing and listening skills especially for the HKDSE exam.

- Enriching students with content and vocabulary relating to different themes in the **double-page spread** at the beginning of each unit and **useful phrases** at the end of each unit.
- Familiarizing students with exam practice before the HKDSE exam, from **exam practice** at the end of each unit, to **revision tests** and **mock tests** that come with each book.
- Preparing students for the writing tasks in the public exam with the eight **Elective corners**.
- Taking care of learner diversity with **Weekly News Archive**, a wide variety of **supplementary worksheets** and teaching support.

Website

All teaching materials, including **Weekly News Archive**, can be found on our website:


<http://www.athenseducation.hk/nss/ENG>

Upload Date	Type	Contents
07/03/2016	Weekly News Archive	Zika epidemic and its association with baby microcephaly (B1 level)
29/02/2016	Weekly News Archive	Zika epidemic and its association with baby microcephaly (B2 level)
29/01/2016	Weekly News Archive	Tsai Ing-wen elected Taiwan's first female president (B1 level)

Feel free to contact us for more information about our latest publications and teaching materials.

Sales Representative
Kathy Ngan

  **9860 8993**

 kathyngan@hkep.com



商務印書館
THE COMMERCIAL PRESS



ATHENS
EDUCATION

An affiliate of Hong Kong Educational Publishing Company

Hotline:
2887 8018